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Post- MOHS Reconstructions

1. During the first 24 hours after surgery:

- Do not drive or operate machinery
- Do not consume alcohol.
- Do not make important decisions or sign any important papers.
- Do not stay home alone. You must have a responsible adult with you.
- You may experience dizziness, sleepiness, and muscle aches after surgery.

2. You are advised to go directly home from the office. Restrict your activities and rest for a day. Resume light to normal activities according to how you feel and what Dr. Abolmaali advises.

3. If the procedure is on your face/neck area, avoid bending down or lifting heavy objects for 5 days.

4. Increase fluid intake after surgery. We recommend a half-glass of fluid every half hour while awake and you are not nauseated. Allow your appetite to dictate food intake. Greasy and spicy foods are not advised.

5. Take your medications as directed. Do not drink alcohol or drive while taking pain medications.

6. Resume your daily prescription medications.

7. Surgical dressing must stay dry and intact for 48 hours. You may take a shower after 48 hours and remove the surgical dressings. Cleanse the incision everyday with hydrogen peroxide and apply a small amount of bacitracin or Neosporin. You may apply a fresh dressing if needed.

8. If you have steri-strips (butterfly tapes) as dressing, leave them on until instructed by Dr. Abolmaali.

9. A small amount of bleeding is not uncommon. If this occurs, hold pressure for 10 minutes by the clock. If the bleeding gets worse, then call the office or go to the nearest emergency room.

10. If surgery was on your face or neck, sleep with your head slightly elevated and try not to do any excessive bending or stooping.

11. Please contact Dr. Abolmaali, if the following occurs:

- Fever over 100 degrees Fahrenheit by mouth
- Pain is not relieved by medications prescribed.
- Excessive swelling around incision.
- Increased redness, warmth, and hardness around the incision site.
- Blood-soaked dressing (small amounts of oozing may be normal).